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ABSTRACT OF THE DISCLOSURE

A damper valve includes a valve member for covering openings of communicating passages of a valve sleeve. The valve member is elastically deformed by a low flow rate of the hydraulic oil flowing from a second chamber to a first chamber of the valve sleeve and when a flow rate of the hydraulic oil flowing from the second chamber to the first chamber exceeds a predetermined value, the valve member is moved with the spool against urging force of a spring to widely open the openings of the communicating passages.